



# Asymptomatic Carotid Surgery Trial (ACST-2)



## April 2018 Newsletter



**2861** patients recruited,  
**739** still needed!

**ACST-2** is the largest trial in the world comparing CEA vs CAS in patients with asymptomatic carotid stenosis! Thank you for your continued efforts to recruit patients, you are doing excellent work! Our goal is to recruit at least **1 patient per day** to reach the target of **3600** randomisations by the end of **2019!** With your support and continued hard work, we will reach this target.



**Which is Best?**



**Keep randomising!**

Our next milestone will be the **6000<sup>th</sup>** participant for **ACST trials**:  
Who will recruit this patient? (Hint: ACST-1 had 3120 patients)

*Warmest Wishes from Alison Halliday, Richard Bulbulia, Richard Peto, Leo Bonati, Hongchao Pan & the ACST-2 team.*

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## ESVS Valencia & ACST-2 6th Collaborators' Meeting

The **European Society for Vascular Surgery (ESVS)** annual meeting is in **Valencia (25 - 28<sup>th</sup> September 2018)**.

Please note 'Early Bird Registration' is available up to 1<sup>st</sup> June.

[Link to Registration & Hotel - ESVS website](#)

If you are attending the ESVS meeting, we'd love to see you at the ACST-2 Collaborators' meeting too—see below.



### ACST-2 Collaborators' Meeting, 24 - 25<sup>th</sup> September 2018

Palau de Congressos, Valencia



Our 6<sup>th</sup> Collaborators' Meeting will be in Valencia on 24 -25<sup>th</sup> September 2018:

- **ACST-2 Dinner** will be held the evening of Monday 24<sup>th</sup> September.
- **Collaborators' Meeting** next morning on Tuesday 25<sup>th</sup> September at the Palau de Congressos.



***We offer € 150 subsistence allowance to attend the ACST-2 Collaborators' Meeting and Dinner in Valencia. Please let us know you can (or cannot) come ([acst@nds.ox.ac.uk](mailto:acst@nds.ox.ac.uk))***



We are currently organizing the programme; your center has been asked if they would like to give a presentation or present a poster at the Collaborators' Meeting.



# Recruitment Awards Congratulations

New Centres recruiting their first patients, Congratulations to:

*Professor Petrunic and the ACST-2 team at University Hospital Centre Zagreb, Croatia. From left to right: Dr Damir Haluzan, Dr Zlatko Fiolic and Professor Mladen Petrunic.*



*Dr Chechulov and the team at Saint Petersburg I.I.Dzhanelidze, Russia. From left to right: Dr Dmitry Kandyba, Dr Pavel Chechulov and Dr Andrey Belyasnik.*



*Professor Joviliano and the team at HCFM Ribeirao Preto da Universidade de Sao Paulo, Brazil. From right to left: Professor Edwaldo Edner Joviliano, Dr Marcelo Belini Dalio and Professor Mauricio Serra Ribeiro.*



**KEEP  
UP  
THE  
GOOD  
WORK**



Congratulations to the *University of Basel, Switzerland* who have now recruited **50** patients to the trial and achieved the **Silver** award.

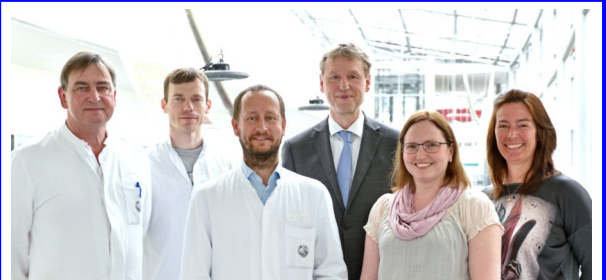
## Milestones....

Santa Maria Hospital in Reggio Emilia, Italy recruited patient **2800**. Many thanks to Lead Investigator Dr Nicola Tusini (right) and Dr Francesco Strozzi (left) and the team.



## Top 10 Recruiting centres of 2018 so far....

<b>Semmelweis Medical University, Hungary</b>
<b>University of Sao Paulo (HCFMUSP), Brazil</b>
<b>University Hospital 'Riuniti' Trieste, Italy</b>
<b>Policlinico di Monza, Italy</b>
<b>Medical University of Innsbruck, Austria</b>
<b>University of Dresden 'Carl-Gustav-Carus', Germany</b>
<b>Department of Vascular Surgery, Attikon University Hospital, Greece</b>
<b>Nuovo Ospedale Civile Sant' Agostino Estense (NOCSAE Modena), Italy</b>
<b>San Camillo Forlanini, Italy</b>
<b>E. Meshalkin National Medical Research Center, Russia</b>



Universitätsklinik Jena, Germany recruited patient **2850**. Many thanks to Dr Klingner, Dr Günther and the ACST-2 team. Left to right: Jürgen Zanow (Vasc Surg), Carsten Klingner (Neurol), Albrecht Günther (Neurol), Thomas Mayer (Neuroradiol.), Steffi Höschel (study assistant), Kirstin Aurich (study Nurse).

## Updates from the ACST-2 Office

**2018 Data Monitoring Committee Meeting,**  
please send all outstanding forms by 30th April:

**Consent - 33**

**Randomisation - 32**

**1 Month - 94** and

**Annual follow-up forms - 189**

**91% received  
but these are  
still missing!!!**



**Alison**



**Wojciech**

email: [acst@nds.ox.ac.uk](mailto:acst@nds.ox.ac.uk) or  
fax: +44 (0) 1865 617980.

Any queries about the forms, please contact Alison and Wojciech who will be happy to help you.

The ACST-2 Team are here to help, if you have any questions, please contact us:

### **Asymptomatic Carotid Surgery Trial-2 (ACST-2)**

Nuffield Department of Surgical Sciences

L2/30 & L2/31

Richard Doll Building, University of Oxford, Roosevelt Drive, Oxford OX3 7LF, United Kingdom.

ACST-2 Office: +44 (0)1865 61 79 79

Fax: +44 (0) 1865 61 79 80

**Randomisation number: +44 (0)1865 28 77 00**

Website: <http://www.acst-2.org/>

Twitter: [@ACST\\_II](https://twitter.com/ACST_II)

## Upcoming Meetings

**Come and meet the team at these upcoming meetings in April and May:**

### **Charing Cross International Symposium CX2018. 24 - 27<sup>th</sup> April.**

You will find us at **Booth 510**, please come along and see us there. [Find out more](#)



### **ESOC Gothenburg, Sweden. 16 - 18<sup>th</sup> May 2018**

Both Alison Halliday and Richard Bulbulia will attend the congress. ACST-2 will present an oral presentation "Does surgery for asymptomatic carotid stenosis reduce the long-term risk of dementia? Extended post-trial follow-up of the Asymptomatic Carotid Surgery Trial (ACST-1): Late breaking results" on **18<sup>th</sup> May at 2.15 - 2.25pm** [Find out more](#)

### **CAPVT Mundi, Rome, Italy. 22 - 23<sup>rd</sup> May 2018**

Richard Bulbulia will give a presentation on **23<sup>rd</sup> May** entitled "ACST-2 Italian Update". More details upon finalising of the programme.

### **LIVE 2018 Patras, Greece. 24 - 26<sup>th</sup> May 2018**

Alison Halliday will give a talk on 26<sup>th</sup> May at 12.30pm during the 12:30-13:40 CRITICAL ISSUES IN STROKE & CAROTID ARTERY DISEASE session. [Find out more](#)

### **iMEET, Nice, France. 30<sup>th</sup> May - 1<sup>st</sup> June 2018**

On **1<sup>st</sup> June at 1pm** Richard Bulbulia will talk on "A Simple Clinical Risk score to select the correct asymptomatic carotid patients for (endo) vascular treatment - does it work?" during the 12:15 Carotid Session [Find out more](#)