

Asymptomatic Carotid Surgery Trial (ACST-2)



Early ACST-2 Results in the European Journal of Vascular and Endovascular Surgery (EJVES)

Thank you to all of our collaborators' for their contribution to our latest paper, 'Status Update and Interim Results from the Asymptomatic Carotid Surgery Trial-2 (ACST-2)' which has recently been accepted by EJVES (available on-line in mid-September).



ICSS long-term results

At the 2013 European Stroke Conference in London, the long-term results from the International Carotid Stenting Study (ICSS) were presented. They showed that disability, quality of life and restenosis rates are similar for CAS & CEA.

Most patients in Europe having interventions are 'asymptomatic' (i.e. no recent symptoms) and ACST-2 is the only trial comparing CAS & CEA in this group. Click [here](#) to read the abstracts.

ACST-2 Recruitment Update

In May 2013, ACST-2 became the largest investigator-led study in the world comparing CAS & CEA in patients with tight asymptomatic carotid stenosis. This is a major milestone on our collaborative journey to recruiting several thousand patients by 2019.

To date, **1250** patients have been randomised. Interim blinded analysis reveals a 1% rate of serious 30-day post-procedure complications (disabling stroke, myocardial infarction or death), consistent with other randomised trials and registry data.

Have you seen our Olympic style recruitment table on our website yet?

In order to move into the medals table, you need to recruit:-

- ◇ **Bronze (25-49 patients)**
- ◇ **Silver (50-74 patients)**
- ◇ **Gold (75-99 patients)**
- ◇ **Diamond (>100 patients)**



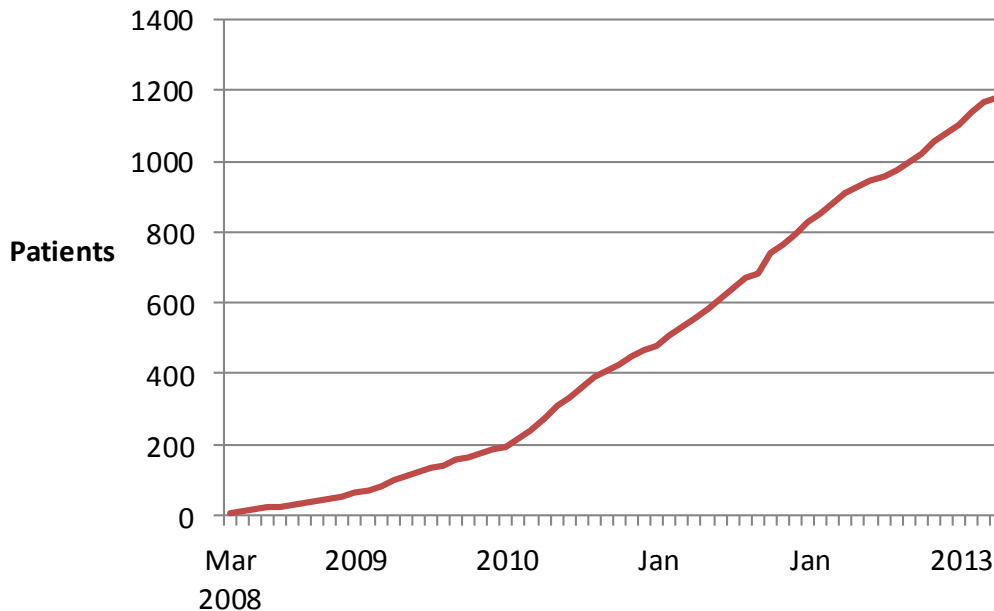
We will send you recruitment certificates for each recruitment milestone.

Click [here](#) to see where your centre is on the recruitment table...and please keep recruiting patients!

ACST-2 Recruitment Update Cont.

So far in 2013, 174 patients have been recruited. Let's try and make this our best year yet!

ACST-2 Recruitment



Congratulations to our top 3 recruiting centres in 2013 so far:

- Hospital Ceské Budejovice, Czech Republic
- Istituto Auxologico Italiano
- Dedinje Cardiovascular Unit, Serbia

Welcome to our new colleagues in:

- ◇ Regional Hospital Liberec, Czech Republic
- ◇ San Camillo Forlanini, Italy
- ◇ Poznan University of Medical Sciences, Poland*
- ◇ Derriford Hospital, UK*

*Have now recruited their first patients

Well done to Poznan University who became active in April and have already recruited 3 patients, and to Derriford Hospital who recruited their first patient in record time: just 3 weeks after becoming fully active!

Patient Screening Logs

Collaborators' at our 2013 Meeting told us that a patient screening log would help with recruitment. For 3 months (16th September - 16th December) we would like all centres to keep a patient log.

We will send details and a template for you to use very soon. Click [here](#) to download the log. And don't forget to contact the ACST-2 Team if you have any questions!

We want you....

...to join us at the ESVS 2013 Conference in Budapest. ACST-2 will be hosting a **trial meeting** on Thursday 19th September in the Kodaly room at 1300. We will also be situated at stand no. 10 in the Aula. Click [here](#) for a site map and come and see us!

Our programme will include:-

- ◆ ACST-2 update
- ◆ SPACE-2: the future
- ◆ Trial co-operation: important sub-study questions to be answered



2013 Annual Follow-up Forms

In June 2013 over 800 annual follow up forms were sent out.

These forms are vital to the trial to analyse the long term stroke rate as well as other outcomes. The forms had a slight modification this year, with the addition of a request for the doses of the current patient medications.

So far we have had 52 % of Annual Follow-up forms returned. Well done to all, this is a great achievement in only a few months.

It's important for us to receive all the annual follow-up forms so we can publish details on up to-date stroke prevention therapy.

In September a reminder will go out to patients and collaborators to return their forms if they have not already done so. Thanks to all for your on-going support especially where major events need to be processed.

Extra information and news....

Q&A with one of our top recruiters!

Steffi recently interviewed Dr. Valerio Tolva from Istituto Auxologico Italiano. Dr. Tolva and the Team have recruited an amazing 140 patients since joining the trial in 2010.

Click [here](#) to read the full and fantastic interview and take away some really useful recruitment tips.

Training Resources for Active Centres

Our website now has a new training feature. Aimed at both newly active and already active sites, click [here](#) and have a look through the different sections and don't forget to contact the ACST-2 Team if you have any questions along the way!

Know someone who wants to join ACST-2? Call or e-mail us!

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We'd love to hear from you.

IMPORTANT MEETINGS & DATES

International Vascular Symposium 2013 in Copenhagen: 30th August

Alison is presenting 'CEA vs. CAS update' during Session 2

European Society of Vascular Surgeons (ESVS), Budapest: 18-20th September

ACST-2 is hosting a Trial Meeting on Thursday 19th at 1300 in the Kodaly Room and Steffi will be available at stand no. 10 in the Aula

MLAVS, Larissa: 3-5 October

Come and see Steffi at the ACST-2 Stand!

SICVE Bari: 4-5 October

ACST-2 Congress, Milan: 23rd October

This meeting is being hosted by Istituto Auxologico Italiano and is open to all interested ACST-2 Collaborators.

TCT, San Francisco: 27th October - 1st November

Alison will be speaking on Wednesday 30th October at 10:45am. Her talk is entitled 'CAS randomized trials redux: CREST 2 SPACE 2 and ACST 2'

VEITH, New York: 19th - 23rd November

VS AGM, Manceshter: 27th - 29th November

ACST-2 will have a stand, more details to follow soon

Munich Aortic & Carotid Conference, Munich: 29th - 30th November

Both Alison and Richard Bulbulia are Faculty Members and will be present at the meeting

UK Stroke Forum, Harrogate: 3rd - 4th December

Please come and visit our stand, and on Wednesday 4th December, visit Steffi at Poster Panel OG14.

Visit www.acst.org.uk for more news and information.

Please keep recruiting lots of patients!