

# ACST-2 Newsletter

## December 2013

Newsletter 14

### A word from Professor Alison Halliday....

Recruitment to date:  
**1,325!**

*It's nearly the end of 2013, and what a great year it's been for ACST-2.*

#### Progress

In August this year we became the **largest** investigator led trial in the world comparing CAS and CEA in patients with tight asymptomatic carotid stenosis. This is a really impressive milestone to reach, well done to you all. **We now need to continue our recruitment efforts by randomising lots more patients.** Our recruitment total to date is **1,325 patients**. We need to recruit **at least 3,000** patients in order to answer important questions about asymptomatic carotid stenosis.

#### Meetings

It has been a busy year for ACST-2. We continue to promote ACST-2 at major international conferences and in April, we hosted our 2nd Collaborators' Meeting. Lots of our Collaborators attended and we had some fantastic feedback from the 2 day event. We are now organizing the next Meeting, so keep reading for details about the next one!

#### New Sites

10 new sites have become active in ACST-2 this year. Welcome, and we look forward to you recruiting new patients into ACST-2.

### Qualitative Research Investigation

At our 2013 Collaborators' Meeting, many said they welcomed the opportunity to obtain training to improve recruitment in their centre. We are therefore excited to announce an ACST-2 sub-study that will be run during 2014 alongside the main trial.

The Qualitative Recruitment Investigation (QRI) is developing strategies to maximise patient recruitment. The QRI team will also offer individualised and confidential feedback about patient discussions before entering the trial.

Staff and patients will also be invited to take part in an interview to give their perspective about recruitment into the trial. Alison and the ACST-2 Team will be in touch with further information about getting involved (which will begin in the UK).

#### Publications

The ACST-2 Collaborative Group has published some very exciting papers this year:-

- 'Status Update and Interim Results from the Asymptomatic Carotid Surgery Trial-2'. Ref: European Journal of Vascular & Endovascular Surgery Volume 46, Issue 5, Pages 510-518, November 2013.
- 'ACST-2 - an update'. Ref: Gefasschirurgie 2013 18:626-32.
- 'Risk of Stroke From New Carotid Artery Occlusion in the Asymptomatic Carotid Surgery Trial-1'. Ref: Stroke 2013, 44:1652-1659.

#### Collaborations

We are very excited to be working closely with both **ECST-2** and **SPACE-2**, two other important carotid trials. Our planned collaboration with them marks an important moment in the on-going research into carotid artery disease.

Thank you again for your support and hard work in ACST-2. **Please continue recruiting as many patients as you can**, and don't forget that we are here to help you. Last but not least, Season's Greetings and all the very best for the New Year!

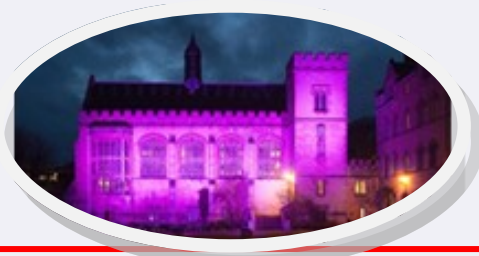
With best wishes,



P.S. Keep on reading to find out how all our centres have performed!

### Collaborators' Meeting 2014

Our next Collaborators' Meeting will take place in Oxford on the 18th & 19th September 2014. We will be hosting the meeting in the comfortable surroundings of Pembroke College in the heart of Oxford. Please keep the date free, we will be sending invitations out early next year.



# Recruitment update

## Top 10 recruiters in 2013:

Centre	2013 Total
Istituto Auxologico Italiano, Italy	25
Dedinje Cardiovascular Unit, Serbia	20
Ceske Budejovice - Budweiss, Czech Republic	13
Sodersjukhuset, Sweden	12
Santa Maria Hospital, Italy	11
University Hospital of Antwerp, Belgium	10
NOCSAE Modena, Italy	10
Poznan University of Medical Sciences, Poland	10
Freeman Hospital, United Kingdom	9
University of Bari, Italy	8

## Centre recruitment

Centre	Total
Istituto Auxologico Italiano, Italy	147
Sodersjukhuset, Sweden	83
Freeman Hospital, United Kingdom	63
Dedinje Cardiovascular Unit, Serbia	58
Serbian Clinical Centre, Serbia	54
University Hospital of Antwerp, Belgium	50
Malmo Vascular Centre, Sweden	48
Umberto I- ASO Mauriziano, Italy	43
Santa Maria Hospital, Italy	42
Bishop Auckland Hospital, United Kingdom	38
University Hospital Utrecht, The Netherlands	36
Albert Szent-Györgyi Medical Centre, Hungary	30
Kent and Canterbury Hospital, United Kingdom	27
Park Hospital, Germany	25
Wythenshawe Hospital, United Kingdom	24
Guadalajara Hospital, Spain	23
St Franziskus-Hospital Münster GmbH, Germany	23
St. Joseph Hospital, France	22
University Hospital of Larissa, Greece	22
St Anne's University Hospital Brno, Czech Republic	21
NOCSAE Modena, Italy	19
Lasarettet Helsingborg, Sweden	18
Ceske Budejovice - Budweiss, Czech Republic	17
University of Basel, Switzerland	16
Medical University Hospital of Warsaw, Poland	16
Centre de Consultation Cardiovasculaire, France	16
University of Bari, Italy	15
Nottingham University Hospital, United Kingdom	14
Walton Centre, United Kingdom	13

## Recruitment Medals:



### Bronze Medal (25-49 patients)

Malmo Vascular Centre: 48
Umberto I- ASO Mauriziano: 43
Santa Maria Hospital: 42
Bishop Auckland Hospital: 38
University Hospital Utrecht: 36
Albert Szent-Györgyi Medical Centre: 30
Kent and Canterbury Hospital: 27
Park Hospital: 25

### Silver Medal (50-74 patients)

Freeman Hospital: 63
Dedinje Cardiovascular Unit: 58
Serbian Clinical Centre: 54
University Hospital of Antwerp: 50

### Gold Medal (75-99 patients)

Sodersjukhuset: 83
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### Diamond Medal (100+ patients)

Istituto Auxologico Italiano: 147
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Sunderland Royal Hospital, United Kingdom	13
Rambam Medical Centre, Israel	12
John Radcliffe Hospital, United Kingdom	12
Izola General Hospital, Slovenia	11
Hegau-Bodensee-Klinikum, Germany	11
Central Hospital Internal Affairs, Poland	11
Southend University Hospital, United Kingdom	11
University La Sapienza, Italy	11
Peking Union Medical College Hospital, China	10
General Hospital of Athens 'Evangelismos', Greece	10
IRCCS Policlinico San Donato, Italy	10
Poznan University of Medical Sciences, Poland	10
Newcastle General Hospital, United Kingdom	10
Institute of Medical Sciences, Slovak Republic	9
Hospital Clinic 1 Provincial De Barcelona, Spain	9
Teaching Hospital Maribor, Slovenia	8
Rikshospitalet University Hospital, Norway	8
Henri Mondor Hospital, France	8
Universitair Ziekenhuis Ghent, Belgium	8
Foothills Medical Centre, Canada	8
University Hospital Ostrava Poruba, Czech Republic	7
Sheffield Vascular Institute, United Kingdom	7
Vascular Endovascular Unit of Perugia, Italy	6
Cliniques Universitaires St-Luc, Belgium	6
Centre Hospitalier De Mouscron, Belgium	6
Universita Delgi Studi di Palermo, Italy	5

# Recruitment update

ACST-2 Team - here to help you!

## Centre recruitment cont.

San Paolo Hospital, Italy	5
Manchester Royal Infirmary, United Kingdom	5
St Mary's Hospital, United Kingdom	5
Hull Royal Infirmary, United Kingdom	4
Royal Victoria Infirmary, United Kingdom	4
Circolo University Hospital, Italy	4
The Royal Preston Hospital, United Kingdom	4
MCL Leeuwarden, The Netherlands	3
National Scientific Centre of Surgery, Kazakhstan	3
University Hospital of North Durham, United Kingdom	3
Luton & Dunstable Hospital, United Kingdom	3
James Cook Hospital, United Kingdom	2
CHR Citadelle, Belgium	2
North Cumbria University Hospital, United Kingdom	2
Pius Hospital, Germany	2
Kasr Alaini University Hospital, Egypt	2
A.Z St Blasius, Belgium	1
IASO Hospital, Greece	1
IRCCS Polinico San Matteo, Italy	1
Policlinico Catania, Italy	1
Derriford Hospital, United Kingdom	1
University of Toledo Medical Centre, USA	1
Cheltenham General Hospital, United Kingdom	1
Kohnan Hospital, Japan	1
Policlinico Santa Maria alle Scotte, Italy	1
St. James' Hospital, Ireland	1
Regional Specialist Hospital, Poland	0
Rijnstate Hospital, The Netherlands	0
HagaZiekenhuis Locatie Leyenburg, The Netherlands	0
St Antonius Hospital, The Netherlands	0
Addenbrooke's Hospital, United Kingdom	0
Colchester Hospital, United Kingdom	0
Regional Hospital Liberec, Czech Republic*	0
San Camillo Forlanini, Italy*	0
Sendai Medical Centre, Japan*	0

\* new centre in ACST-2



*Alison Halliday*  
*Principal Investigator*



*Richard Bulbulia*  
*Co-Principal Investigator*



*Richard Peto*  
*Co-Principal Investigator*



*Leo Bonati*  
*Neurological Co-Principal Investigator*



*Steffi le Conte*  
*Trial Manager*



*Lynda Tully*  
*Data Manager*



*Sarah Mobsby*  
*Vascular Research Nurse*



*Catilina Nobre*  
*Trial Assistant*

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