

February Newsletter

A note from Steffi, ACST-2 Trial Manager

Two months into 2014 and it's been a good start to the year.

In the last month we have recruited 31 patients as well as activating 6 new sites in ACST-2. We are also working with other sites, helping them to become active in the trial. Read on to find out who has recruited so far in 2014, which new sites are active and who will be joining us soon!

A very big welcome to **Luisa Teixeira**, our new Recruitment Coordinator. Luisa will help set up new sites and work with you on maximizing recruitment.

Each month, Luisa will send you a new "Top Tip" bulletin for recruiting patients.

Luisa's e-mail is:

luisa.teixeira@nds.ox.ac.uk,
call her on 0044 1865 223 074.

Thank you for your continued support in ACST-2—please keep recruiting as many patients as you can! Think: **TEAM** work (**T**ogether **E**veryone **A**chieves **M**ore).

Thank you and best wishes,



Steffi le Conte
ACST-2 Trial Manager

ACST-2...

A world-class trial comparing CEA & CAS in patients with tight asymptomatic carotid stenosis requiring revascularisation.

TOGETHER we can answer important questions about carotid stenosis.

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Visit the website for daily updates on recruitment numbers:

www.acst@org.uk

Aim to recruit about 10-12 patients per year. Only **ONE patient each month** is needed to meet this goal!

ACST-2
recruitment
to date:

1,371

Recruitment Update & Carotid Trial Collaboration

ACST-2 is the **largest** trial in the world comparing surgery and stenting in patients with tight asymptomatic carotid stenosis, having recruited 1,371 patients.

In 2014, 41 patients have been recruited. We are continuing to work closely with both **ECST-2** and **SPACE-2**, two other carotid trials which are now open for recruitment. This collaboration is very exciting and we look forward to continuing to work together in the future.

The collaborative goal at ACST-2 is to recruit over **3,000** patients, and we eventually aim to pool our data with ECST-2 & SPACE-2, allowing us to answer really important questions about carotid revascularisation.

Think... **TEAM**

Together
Everybody
Achieves
More

6 NEW centers: a warm welcome to ACST-2!

- East Tallinn Central Hospital, Estonia (led by Dr Palmiste) * *already recruiting* *
- Dept. of Vascular Surgery, Attikon University Hospital, Greece (led by Professor Liapis)
- Universitätsklinikum Hamburg-Eppendorf, Germany (led by Professor Debus)
- Städtisches Klinikum Karlsruhe, Germany (led by Professor Storck)
- Ospedale San Francesco di Nuoro, Italy (led by Dr Fadda)

Newsletter Feb

***The ACST-2 Team at East Tallinn Hospital (Dr Toomsoo, Dr Palmiste & Dr Margus) have already recruited **5** patients into ACST-2 since becoming active in January 2014!**



“The possibility to add our patients to the ACST-2 trial was too good for us to miss out. It gives our patients the security that their treatment of carotid stenosis is more calculated than without the trial.”

⇒ Dr Veronika Palmiste

Sites joining ACST-2:

The following sites are very near to becoming active in ACST-2:

- Klinikum rechts der Isar der Technischen Universität Muenchen, Germany
- Vascular Unit, 3rd Department of Surgery, Greece
- Ospedale San Francesco di Nuoro, Italy
- Ospedale San Martino, Italy
- San Giacomo Hospital, Italy
- Donostia University Hospital, Spain
- The Royal London, UK
- Royal Berkshire Hospital, UK
- University College London Hospitals, UK
- Great Western Hospital, UK

You're nearly there!

2014: Who's recruited so far?

1,371

Congratulations to the following sites who have already recruited patient (s) in 2014:

Poznan University of Medical Sciences Poland	6	Bishop Auckland Hospital UK	1
Dedinje Cardiovascular Unit Serbia	5	Nottingham University Hospital UK	1
East Tallinn Central Hospital Estonia	5	Rambam Medical Centre Israel	1
University Hospital of Larissa Greece	4	St Anne's University Hospital Brno Czech Republic	1
Istituto Auxologico Italiano Italy	4	Umberto I- ASO Mauriziano Italy	1
NOCSAE Modena Italy	4	Kent & Canterbury UK	1
Sodersjukhuset Sweden	3	Serbian Clinical Centre	1
Albert Szent-Györgyi Medical Centre Hungary	2	Lasarettet Helsingborg	1

"Well done and please keep up the good work!"

ACST-2: Important Meetings



CONTROVERSIES

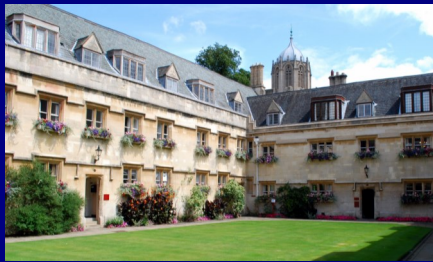
CHALLENGES

CONSENSUS

VASCULAR & ENDOVASCULAR Consensus Update

5-8 April 2014 Grand Hall, Olympia, London

Collaborators Meeting 2014



18 –19th September
Pembroke College, Oxford



Gala Dinner | Prizes | Punt Races |
Speakers From Around the World

We would like every site represented at our Collaborators' Meeting in September this year. Please aim to achieve your recruitment targets by then.

Keep recruiting lots of patients as prizes will be given to sites who reach or exceed their targets, and to those sites who have excellent data submission!

...a final note from Luisa, your Recruitment Adviser

"Please look out for my monthly **Top Tips** and remember that I am here to help you maximise recruitment at your site."



Let's make 2014 the BEST year ever!

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