

# February 2015 Newsletter

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## 2015: 50 patients recruited!

Well done and thank you to all our centres who have already started recruiting! (see page 3)

We hope to make this year even better than the last, so please continue to recruit as many patients as possible.













We welcome some additional team members to our trial team—page 6.

See page 7 for important ‘tips’ on presenting the trial to patients and returning perfect data.

Our monthly target is **30 patients per month** or more—so please keep up the great work!

With best wishes,  
**Alison Halliday & the ACST-2 Team**

## 2014: Top Recruiters

1 <sup>st</sup>	Dedinje Cardiovascular Unit	44	
2 <sup>nd</sup>	Novosibirsk Research Institute of Circulation Pathology — <i>New Site</i>	32	
3 <sup>rd</sup>	Istituto Auxologico Italiano	22	
4 <sup>th</sup> - joint place	NOCSAE Modena	21	
4 <sup>th</sup> - joint place	Poznan University of Medical Sciences	21	
5 <sup>th</sup>	Södersjukhuset	14	
6 <sup>th</sup>	Ceske Budejovice - Budweiss	12	
7 <sup>th</sup>	East Tallinn Central Hospital — <i>New Site</i>	10	
8 <sup>th</sup> - joint place	University Hospital of Larissa	9	
8 <sup>th</sup> - joint place	Nottingham University Hospital	9	
8 <sup>th</sup> - joint place	Santa Maria Hospital	9	
8 <sup>th</sup> - joint place	Serbian Clinical Centre	9	

**1,725**  
patients today!

[www.acst-2.org](http://www.acst-2.org)

Visit the website to see the up to date recruitment total, country randomisations and more!

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## TOP Performers



Many congratulations to the ACST-2 team at **Istituto Auxologico Italiano (Italy)** for randomising the **1700<sup>th</sup> patient** and winning the hamper! They remain our top recruiting centre with a total of **174 patients** randomised for the trial—*bravo a tutti!*



Congratulations to Dr Ali Mehrzad and Sr Ellen Brown at **Bishop Auckland Hospital** for randomising the **300<sup>th</sup> patient** for the United Kingdom. This is a great achievement and to date they have randomised **44 patients** for ACST-2— well done and thank you!

## First Recruiters for 2015

Congratulations to the following centres who have randomised patients for 2015:

Country	Country total of pts	Centre Name	Centre total of pts.	Randomising Clinician
<b>Belgium</b>	<b>1</b>	University Hospital of Antwerp	<b>1</b>	Professor Hendriks
<b>China</b>	<b>1</b>	Peking Union Hospital	<b>1</b>	Professor Bao
<b>Czech Republic</b>	<b>3</b>	Hospital Ceské Budejovice	<b>3</b>	Dr Fiedler
<b>Estonia</b>	<b>1</b>	East Tallinn General Hospital	<b>1</b>	Dr Palmiste
<b>Greece</b>	<b>1</b>	Attikon University Hospital	<b>1</b>	Professor Kakisis
<b>Hungary</b>	<b>3</b>	Albert Szent-Györgyi Medical Centre	<b>1</b>	Dr Fulop
		Semmelweis Medical University	<b>2</b>	Professor Entz
<b>Israel</b>	<b>1</b>	Rambam Medical Centre	<b>1</b>	Professor Hoffman
<b>Italy</b>	<b>16</b>	University La Sapienza	<b>1</b>	Prof Speciale
		IRCCS Policlinico San Donato	<b>1</b>	Dr Nano
		Istituto Auxologico Italiano	<b>5</b>	Dr Tolva
		Santa Maria Hospital	<b>2</b>	Dr Strozzi
		NOCSAE (Modena)	<b>3</b>	Dr Lauricella
		Umberto I- ASO Maurizioano	<b>1</b>	Dr Viazzo
		Policlinico Catania	<b>3</b>	Prof Veroux
<b>Poland</b>	<b>1</b>	Poznan University of Medical Sciences	<b>1</b>	Professor Gabriel
<b>Russia</b>	<b>3</b>	Novosibirsk Research Institute	<b>3</b>	Dr Starodubtsev
<b>Serbia</b>	<b>8</b>	Serbian Clinical Centre	<b>3</b>	Dr Koncar
		Dedinje Cardiovascular Unit	<b>5</b>	Professor Radak
<b>Sweden</b>	<b>2</b>	Malmo Vascular Centre	<b>1</b>	Dr Gottsäter
		Lasarettet Helsingborg	<b>1</b>	Dr Plate
<b>Switzerland</b>	<b>3</b>	University of Basel	<b>3</b>	Dr Bonati
<b>UK</b>	<b>5</b>	Sheffield Vascular Institute	<b>1</b>	Dr Cleveland
		Freeman Hospital	<b>1</b>	Professor Stansby
		Manchester Royal Infirmary	<b>1</b>	Mr Smyth
		Luton & Dunstable Hospital	<b>1</b>	Dr Sekaran
		Hull Royal Infirmary	<b>1</b>	Prof Chetter

“Thank you for your continued hard work and support for the trial!”

## Newly Active Centres

We extend a big welcome to our **NEWLY ACTIVE** centres in ACST-2:

- **Universitätsklinik Jena, Germany** - led by Dr Albrecht Guenther



- **China-Japan Friendship Hospital, China** - led by Dr Ye Zhidong



- **University of Sao Paulo, Brazil** - led by Dr Erasmo da Silva



## Welcome Back—every one counts!

In **2014** and **2015**, these **10 centres** have started recruiting again:

Centre	Country	Year activated
Hull Royal Infirmary	United Kingdom	2010
Manchester Royal Infirmary	United Kingdom	2011
Policlinico Catania	Italy	2011
Regional Hospital Liberec	Czech Republic	2013
Regional Specialist Hospital	Poland	2010
Rijnstate Hospital	The Netherlands	2013
San Camillo Forlanini	Italy	2013
Semmelweis Medical University	Hungary	2008
Sendai Medical Centre	Japan	2013
University La Sapienza	Italy	2008

**It is never too late to recruit patients even after a delay — we would be delighted to help you! Please contact us should any of your team members like refresher training on any aspects of the trial.**

**We have now just 5 years to recruit our target of 3,600!**



## Upcoming Meetings

### CZECH REPUBLIC

ASCT-2 was presented at the **6th Congress of the Czech Society for Cardiovascular Surgery** in Brno in November 2014. Thank you to Professor Staffa and Dr Vlachovský for being such good ambassadors for the ACST-2 trial!

⇒ Click [here](#) for more information.

### SLOVAK REPUBLIC

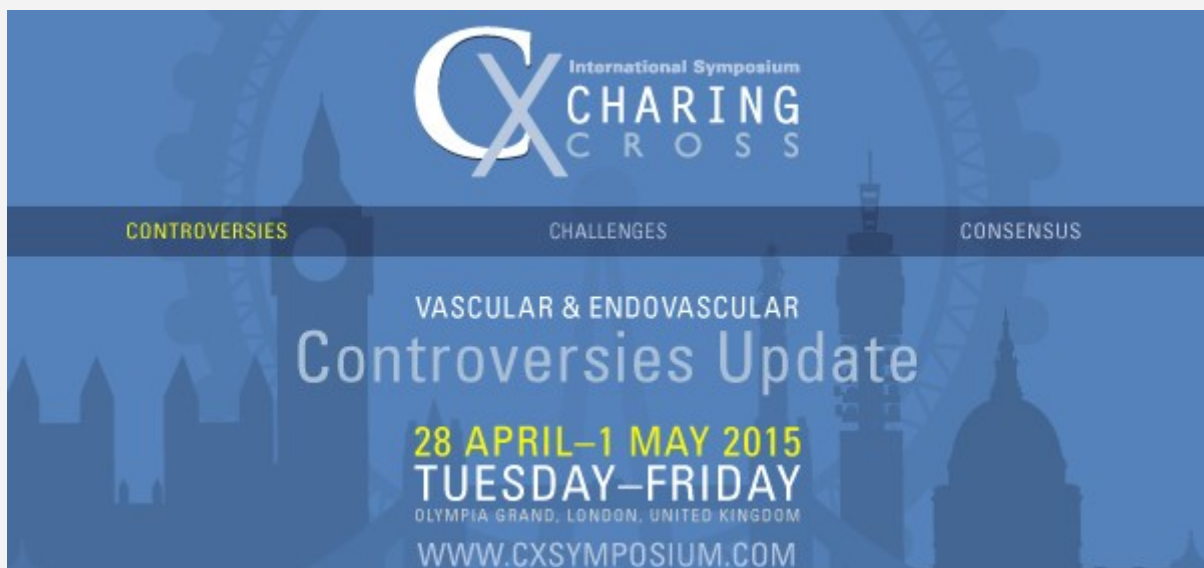
ACST-2 will be presented at the **19th Slovak Congress of Vascular Surgery** in Štúrovo: **(26-28 March 2015)**.

⇒ Click [here](#) for more information about this event.

The ACST-2 team will be attending the following meetings in 2015 -  
come and visit our stand!

**European Stroke Organisation (ESO) - Glasgow, UK (17-19<sup>th</sup> April 2015)**

**Charing Cross Symposium - London, UK (28<sup>th</sup> April –1<sup>st</sup> May 2015)**



**Italian ACST-2 Collaborator's Meeting - Milan, Italy (26<sup>th</sup> June 2015)**

**ISTITUTO SCIENTIFICO OSPEDALE SAN LUCA**

**PIAZZALE BRESCIA**

**20 - MILANO**

**ITALY**

**SALA CONFERENZE 8° PIANO**



## Office News

Over the next few weeks we will be updating the ACST-2 website with live recruitment data, enabling you to view your recruitment figures on a daily basis. We would also like to encourage some 'friendly competition' between our centres... visit the website to see how your colleagues from around the world are doing! [www.acst-2.org](http://www.acst-2.org)

- **Investigators:**

Alison Halliday – Principal Investigator

Richard Peto – Co-principal Investigator

Richard Bulbulia – Co-principal Investigator

Leo Bonati – Co-principal Investigator

- **Trial Office:**

Alison Clarke – Trial Manager

Mary Sneade – Assistant Trial Manager

David Ruvolo – Data Manager

Luisa Teixeira – Recruitment Co-ordinator

Trisha Bellinger – PA to Professor Halliday

Lynda Tully— *currently on maternity leave*

We're here  
to help you!

Dear ACST-2 Collaborators,

As one of the newest members of the trial, I am excited to be a part of the ACST-2 family. 2014 was an excellent year for recruitment and we had an outstanding response rate for annual follow-ups. 2015 is off to a great start and we anticipate this year will be even stronger.

In the next section, you will find helpful data “**tips**” for completing the ACST-2 forms. I would be more than willing to assist you with any additional questions.

Best Wishes,

**David Ruvolo**

ACST-2 Data Manager

Tel: +44 (0) 1865 223 076

[david.ruvolo@nds.ox.ac.uk](mailto:david.ruvolo@nds.ox.ac.uk)

## Data and Recruitment Tips

### Data

### 1. Consent Form:

When taking consent, the signatures must occur on the same day. If a situation arises where this is not possible, please let the ACST-2 data team know immediately.

\_\_\_\_\_  
Name of patient (please PRINT),

\_\_\_\_/\_\_\_\_/\_\_\_\_  
date (day/month/year),

\_\_\_\_\_  
Name of person countersigning consent (PRINT),

\_\_\_\_/\_\_\_\_/\_\_\_\_  
date (day/month/year),

the dates  
must match

### Data

### 2. 1- Month Follow Up form:

On Section E: the date the patient was last seen—please always complete this date, as it is very important.

D3 ☐ Death? Y/N If YES, give date   /   /    and give details on next page →

E. Current status (leave blank if dead) Date patient last seen

/

/  Systolic/diastolic blood pressure (mmHg)

### Tip

### 3. Presenting ACST-2 to patients:

- **Describe the trial enthusiastically**  
⇒ patients like to know how trials will help them and others
- **Explore each patient's preferences**  
⇒ Discuss carefully so that their final decision is informed
- **Describe both arms of the study**  
⇒ avoid presenting a biased or confusing message
- **Encourage patients to ask questions**

**"Keep up the great work and let's make 2015 our best year yet!"**