



# June 2015 Newsletter

# More than half way to our target!

Congratulations and thank for your hard work – we are more than half way to

our goal of 3,600 patients! Here is the 2015 Leader Board ...

#### We can also celebrate:

- 169 patients so far in 2015, 20 more than Jan-May last year
- More than 40 patients recruited in March
- Our **5000**<sup>th</sup> ACST patient is coming ...



#### **DIAMOND Recruiter Status:**

Congratulations to Södersjukhuset in Sweden for recruiting their 100<sup>th</sup> patient!

Keep going, every patient counts!

Best wishes from all of us,

#### 2015: Top Recruiters so far... Dedinje Cardiovascular Unit, SRB Istituto Auxologico Italiano, ITA 14 Novosibirsk Research Institute of 14 Circulation Pathology, RUS 3<sup>rd</sup> NOCSAE Modena, ITA 9 Semmelweis Medical University, HUN 5<sup>th</sup>= Poznan University Medical Sciences, POL 5<sup>th</sup>= Serbian Clinical Centre, SRB 6<sup>th</sup>= Hull Royal Infirmary, UK 6<sup>th</sup>= Policlinico Catania, ITA 6 7<sup>th</sup> = Ceske Budejovice, CZE 5 Malmo Vascular Centre, SWE University of Basel, SWI

#### Alison Halliday, Richard Bulbulia, Richard Peto, Leo Bonati & the ACST-2 Team

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### The New ACST-2 Website!

# www.acst-2.org

# Visit our *New* website to compare the latest Recruitment Information:

- ⇒ See your own recently recruited patients— LIVE daily updates!
- ⇒ Look at every centre's monthly recruitment figures
- ⇒ Compare your centre recruitment with others
- ⇒ Network with other centres: view contact details and team members

Visit our website regularly and see how well everyone is recruiting!

Coming soon: the 5000<sup>th</sup> ACST patient!

Let's celebrate over 20 years of world-class carotid research! (nearly 2000 citations)

ACST-1 (1993—2003) 3120 patients

ACST-2 (2008—2015) <u>1845</u>

TOTAL nearly 5000

Recruit our 5000<sup>th</sup> ACST patient & win a centre award, to be presented on our stand at the ESVS meeting in Porto!

## **Newly Active Centres**

Since the last newsletter (February), these new centres have randomised their first patients - congratulations to both teams!

Universitätsklinik Jena, Germany: 2 patients

University of Sao Paulo, Brazil: 4 patients

Welcome also our **NEWLY ACTIVE** centres; three have recruited patients:\*

- York Hospital, United Kingdom led by Mr Andrew Thompson
- A.C.O. San Fillippo Neri\*, Italy led by Professor Nicola Mangialardi
- University Hospital Merkur, Croatia led by Dr Ivan Cvjetko
- San Giovanni di Dio Hospital\*, Italy led by Dr Stefano Michelagnoli
- University of Bologna\*, Italy led by Professor Andrea Stella
- IRCCS San Martino, Italy led by Professor Domenico Palombo
- Sveta Marina Hospital, Bulgaria led by Professor Vesko Petrov
- Royal London Hospital, United Kingdom led by Dr Rajendra Yadava





"We were in the period of final approval for ACST-2, when a patient was considered. We presented the trial to him; he accepted, signed the patient consent and was randomised to CEA. We thought that the randomisation process was simple and we were pleased to hear that we were the fastest randomisers to date in the ACST-2 study."



#### **Mols and Track Records**

#### **New Mol and Patient Payments**

Since 2012, ACST-2 pays £100 per patient to each centre when consent, randomisation and 1 month follow up forms are correctly



completed and verified by ACST-2. To make sure your centre receives these payments, please complete and sign the new MoI contract. There are 10 centres still need to do this—please contact us .

#### Track Records (CEA and CAS)

New members of your team or friends from another centre can be collaborators! Ask them to complete a Track Record Approval form, countersigned by their centre's Neurologist/Stroke Physician. After anonymisation, we can submit these for approval by our Track Record Review Committee. We are happy to provide training for randomisation and data completion.

#### **Data**

#### **Annual Follow Ups**

Annual Follow Up Forms are sent out once a year (June); our Data Team will start sending these to your patients this week. (Please look out for these if your centre contacts their patients <u>directly</u>.)

#### **ACST-2 Office Contact Details—keep these nearby!**

Contact details are in the box below. Please send us your forms by post, email or, preferably, by fax: +44 (0) 1865 221 027.

**NB:** Please throw away all envelopes with the old London address —thanks!

If you need more forms or prepaid envelopes, please contact us

— we are very happy to send you more!

#### ACST-2

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# **Upcoming Meetings 2015**

Thanks to everyone who came to see us at the European Stroke Organisation Congress in Glasgow (17-19<sup>th</sup> April) and at Charing Cross Symposium in London (28<sup>th</sup> April - 1<sup>st</sup> May) — it was great to meet you!

Our ACST-2 team will be attending more meetings —please do come and talk to us:

#### Multidisciplinary European Endovascular Surgery (MEET), Nice

(8-9<sup>th</sup> June 2015)

#### **Italian ACST-2 Collaborator's Meeting, Milan**

(26<sup>th</sup> June 2015)

#### Siena Vascular Endovascular Conference (SIVEC), Siena

(7-9<sup>th</sup> September 2015)

#### German Society for Vascular Surgery and Medicine (SIV), Munster

(16-19<sup>th</sup> September 2015)

#### European Society for Vascular Surgery (ESVS), Porto

(23 - 25<sup>th</sup> September 2015) - \*we will have a stand \*

#### Cardiovascular and Interventional Radiological Society of Europe (CIRSE), Lisbon

(26-30<sup>th</sup> September 2015)

#### UK Vascular Society AGM, Bournemouth

(11-13<sup>th</sup> November 2015)

#### **VEITH** Symposium, New York

(17-21<sup>st</sup> November 2015)

#### Munich Vascular Conference (MVC), Munich

(26-27<sup>th</sup> November 2015)

#### Save the date!! ACST-2 COLLABORATOR'S MEETING



20-21<sup>st</sup> April 2016

Belgrade, SERBIA



#### **Trial & Office News**

#### **Data Monitoring Committee (DMC) meeting**

7<sup>th</sup> May 2015

The DMC saw no reason to modify the protocol or intake to the study. The committee commends the investigators on progress to date, the increase in recruitment and on the high compliance with allocated treatment. They urge the ACST-2 group to increase the rate of patient enrolment while maintaining close long-term follow-up of cases in this important trial.

**LIVE 2015: Leading Innovative Vascular Education** 

20-23<sup>rd</sup> May 2015

Dr Anne Huibers, PhD student (Utrecht, Oxford) won the prize for the best Poster-Presentation at the LIVE meeting in Heraklion (Crete). Please click on the link below to download the presentation:

"ANTITHROMBOTIC THERAPY IN CAROTID ARTERY STENTING AND CAROTID ENDARTERECTOMY WITHIN THE ASYMPTOMATIC CAROTID SURGERY TRIAL-2"

Dr Huibers is currently working on a paper about this topic and will circulate this to all our centres soon!

Alison Halliday has been elected UK representative for the ESVS (European Society for Vascular Surgery). ACST-2 plans to have a stand at the 2015 ESVS

meeting in Porto; please come and visit the stand—we would love to see you!

Congratulations to **Lynda Tully** who had her baby girl, Raffaella on the 15<sup>th</sup> February; both are doing very well...

And we introduce **Joke Dhondt**, our new ACST-2 Trial Assistant, welcome aboard!



Summer is coming...

but before then, don't forget to RECRUIT lots of patients!!

